

the POSNOC study

PARTICIPANT NEWSLETTER - THIRD EDITION

DECEMBER 2018



POSITIVE Sentinel NOde: adjuvant therapy alone versus adjuvant therapy plus Clearance or axillary radiotherapy



Welcome...

Hello and welcome to the winter edition of our participant newsletter. We hope you are getting into the festive spirit and that this newsletter will help you to do so even more! We have had a very exciting past few months and would like to take this opportunity to fill you in with what's been going on in the world of POSNOC.

Recruitment



Over the past few months we have had a really positive response to the trial with a significant increase in participant recruitment. There are currently 1235 participants enrolled onto the trial which is a fantastic position to be in if we are to reach our target recruitment of 1900 by August 2021. We'd like to express our utmost thanks to all of you for being involved in the trial and helping us reach this stage. It's so exciting to edge ever closer to answering such an important question which will in turn help to improve the lives of women such as yourselves worldwide.

The POSNOC team would like to give a big, warm welcome to the newly opened site **Blackpool Victoria Hospital**. We are thrilled to have them on board and know they'll be a great addition to the trial. There have also been a number of other sites that have expressed their interest in opening as POSNOC recruitment centres and we are extremely excited to have them join us in the future - watch this space.

New recruiting sites!



Follow Up Visits



As you will be aware we continue to gather information at various time points during your involvement with the trial. These time points occur at 6, 12, 24, 36, 48 and 60 months after randomisation. Many of you will be approaching your 36 month follow up visit, this consists of a face to face clinic visit and unfortunately cannot be completed over the telephone. If it is more convenient, why not kill two birds with one stone and arrange

to have your 36 month follow up whilst at your routine mammogram visit. If this option is suitable to you then please contact your research nurse to make this appointment sooner rather than later.

A message from the quality of life team at SHORE-C

A BIG THANK YOU for completing the Quality of Life questionnaires. These are an invaluable part of the study and will help doctors understand how breast cancer treatments affect patients' everyday lives long term. The data we collect will help them to discuss treatment options more fully with newly diagnosed patients in the future. The questionnaires we use have been designed to capture information from a wide range of people suffering with different symptoms. This means that you might consider some of the questions don't apply to you. If this is the case, we recommend that you choose the 'not at all' option to avoid problems with missing answers.

Merry Christmas!



We wish you all the very best over the festive period and hope you have a wonderful New Year.

From all the POSNOC trial management team.



Please be sure to get in touch with your local research team if you have any concerns about your treatment.

For any general trial queries please get in touch with your study coordinating team:



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ANZ:
Breast Cancer Trials
breastcancertrials.org.au

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